

		SPORTS HALL 1 - TENNIS VENUE (YOUTH / AG1)										SPORTS HALL 2 - GYMNASTICS VENUE (AG2 / JUN / SEN / WCUP)																									
		ACREDITATION <i>(times can change to meet teams needs)</i>			FREE TRAINING (NO MUSIC) SPORTS HALL 2			PODIUM TRAINING (MUSIC)						PODIUM TRAINING (MUSIC)						FREE TRAINING (NO MUSIC) SPORTS HALL 2			Measure AG2 / Jun / Sen		Lunch <i>(suggested schedule)</i>												
		TRAINING TIMES FOR EACH DELEGATION (in minutes)			10/may - tue			11/may - wed			12/may - thu			11/may - wed			12/may - thu			12/may - thu																	
		10/mai	11/mai	12/mai	Mats	Warm-Up Floor	Comp Floor	Mats	Warm-up Floor	Comp -> Out	Mats	Floor1	Comp -> Out	Mats	Warm-up Floor	Comp -> Out	Mats	Warm-up Floor	Comp -> Out	Mats	Warm-Up Floor	OUT	11/mai	12/mai	10/mai	11/mai	12/mai										
Arrival	Country	Delegation	TOTAL	SPORTS HALL 1 Youth / AG1	SPORTS HALL 2 AG2 / Jun / Sen	15'	45'	60'	15'	45'	60'	OUT	15'	45'	60'	OUT	15'	45'	60'	OUT	15'	1h 45'	OUT														
Until 11/5	11/05/22	19:00	BEL	TKWerchter	39	12	27							11:00	11:15	12:00	13:00											11:10			13:15						
	11/05/22	20:30	BEL	Gymclub Altis Eeklo	17	8	9								10:00	10:15	11:00	12:00											10:10			12:15					
	11/05/22	21:00	POR	20km Almeirim	8	8									09:00	09:15	10:00	11:00														11:45					
	11/05/22	21:10	GER	SV Mergelstetten																												11:45					
	11/05/22	22:00	ESP	Pyramidos	39	12	27								08:00	08:15	09:00	10:00												12:10			12:15				
	11/05/22	22:25	IRE	Gymstars	24	6	18								10:00	10:15	11:00	12:00												10:10			12:15				
	11/05/22	22:25	IRE	Liberty Acro	11	2	9								08:00	08:15	09:00	10:00												12:10			12:15				
	11/05/22	22:45	GER	VfL Sindelfingen	8,5	4	4,5								08:00	08:15	09:00	10:00												12:10			12:30				
	11/05/22	23:25	GER	Sportclub Hoyerswerda e.V.	8	8									09:00	09:15	10:00	11:00															11:45				
	11/05/22	20:00	POR	AASantarem	27,5	14	13,5								10:00	10:15	11:00	12:00												10:10			12:30				
After 11/5	12/05/22	08:55	SUI	FSG Eaux-Vives	10,5	6	4,5							10:00	10:15	11:00	12:00												12:00	12:15	14:00	14:10		14:15			
	12/05/22	09:00	POR	GCAcroTumbLeiria	14,5	10	4,5								09:00	09:15	10:00	11:00											13:00	13:15	15:00			?			
	12/05/22	09:00	POR	LouletanoDC	8	8									09:00	09:15	10:00	11:00																11:45			
	12/05/22	09:53	POR	Ginásio Clube de Tomar	23,5	10	13,5								11:00	11:15	12:00	13:00											13:00	13:15	15:00			?			
	12/05/22	10:00	POR	Sporting Clube de Portugal (rest of team)	52,5	12	40,5								13:00	13:15	14:00	15:00											12:00	12:15	14:00	14:10			14:15		
	12/05/22	10:00	POR	Grupo Desportivo de Lousa	26	8	18								11:00	11:15	12:00	13:00											10:00	10:15	11:00	12:00			13:30		
	12/05/22	10:00	ESP	Flic Flac	19,5	6	13,5								12:00	12:15	13:00	14:00											14:00	14:15	16:00			?			
	12/05/22	10:30	POR	SEAlhandrense	15	6	9								12:00	12:15	13:00	14:00											14:00	14:15	16:00			?			
	12/05/22	11:00	POR	GDC Bom Retiro	11	2	9								12:00	12:15	13:00	14:00											14:00	14:15	16:00			?			
	12/05/22	11:00	POR	Ass. Estrela 3 Pontas	2	2									13:00	13:15	14:00	15:00																11:45			
	12/05/22	11:30	POR	Grupo Sportivo de Carcavelos	32	14	18								12:00	12:15	13:00	14:00											14:00	14:15	16:00			?			
	12/05/22	12:00	ESP	Gim. Mairena Aljarafe	8,5	4	4,5								13:00	13:15	14:00	15:00											15:00	15:15	17:00			12:00			
	12/05/22	12:00	POR	AACoimbra	49,5	18	31,5								13:00	13:15	14:00	15:00											15:00	15:15	17:00			12:00			
	12/05/22	11:00	POR	GRVigorMocidade	31,5	18	13,5								16:00	16:15	17:00	18:00												15:10			13:00				
	12/05/22		POR	Lisboa Ginásio Clube	8,5	4	4,5								11:00	11:15	12:00	13:00											13:00	13:15	15:00			?			
	12/05/22		POR	CantanhedeGym	4	4									11:00	11:15	12:00	13:00																?			
			POR	Acro Clube da Maia AG2	22,5		22,5																						15:00	15:15	17:00			13:45			
			POR	Acro Clube da Maia YOUTH + AG1	44	44									15:00	15:15	16:00	17:00																13:45			
		POR	GDCI dos Carvalhos											17:00	17:15	18:00	19:00																				
		POR	Guimagym											17:00	17:15	18:00	19:00																				
			FREE TRAINING (Youth & AG1 gymnasts only)											18h-19h - warm-up floor 19h-20h - competition floor																							
		WCUP 1	AUS / AUT / ESP / ITA / ISR	8																									11:30	12:00	12:45	13:45			13:55		14:00
		WCUP 2	GBR / AZE	8																									12:30	13:00	13:45	14:45			14:55		11:45
		WCUP 3	POR	8																									13:30	14:00	14:45	15:45			15:55		12:00
		WCUP 4	UKR / GER	8																									14:30	15:00	15:45	16:45			16:55		13:00
		WCUP 5	USA / BEL	8																									15:30	16:00	16:45	17:45			17:55		13:30