



**MAIA, PORTUGAL – 4<sup>th</sup> – 8<sup>th</sup> March 2026**

[www.maiaacrocup.com](http://www.maiaacrocup.com)

V.1 - 30.01.2026



## **TABLE OF CONTENTS**

1. GENERAL INFORMATION
2. COMPETITION VENUE
3. ORGANIZATION
4. LOCAL ORGANIZING COMMITTEE (LOC)
5. GENERAL PROGRAMME
6. TRANSPORTATION
7. ACCREDITATION
8. TARIFF SHEETS
9. MUSIC
10. INSURANCE
11. OFFICIAL LANGUAGE
12. VISAS
13. HOTELS
14. MEALS
15. ORIENTATION MEETING
16. TRAINING BY SCHEDULE AND MEASUREMENTS
17. EQUIPMENT
18. JUDGES MEETING
19. THE DRAW FOR JUDGES
20. MEDICAL SERVICES & ROOM
21. JUDGE PRESENTATION
22. VIDEO RECORDING
23. AWARD CEREMONIES
24. FINAL BANQUET
25. NATIONAL ANTHEM
26. MAIA INTERNATIONAL ACRO CUP 2026 CONNECTION
27. SAFEGUARDING OFFICER
28. DOPING CONTROL

## 1. GENERAL INFORMATION

This competition will be organized under the following WG rules, as valid in the year of the competition, except for any deviation mentioned in these World Cup Rules for Acrobatics Gymnastics:

- Statutes
- Code of Ethics
- Technical Regulations
- License Rules
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules for Acrobatic Gymnastics
- Medical Organization of the Official WG Competitions
- Doping Control Rules
- Media Rules
- Apparatus Norms
- Advertising and Publicity Rules
- Accreditation Rules
- Regulations for Awards Ceremonies
- and subsequent decisions of the WG Executive Committee

## 2. COMPETITION VENUE

COMPLEXO MUNICIPAL DE GINÁSTICA DA MAIA

Rua Altino Coelho

4470 – 233 Vermoim - MAIA

PORTUGAL

Info: [www.maiaacrocup.com](http://www.maiaacrocup.com)

Email: [maiaacrocup@gmail.com](mailto:maiaacrocup@gmail.com)



## 3. ORGANIZATION

### FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE

Avenue de la Gare, 12A 1001 Lausanne

SWITZERLAND

Phone : +41 (0) 21 321 55 10

Fax : +41 (0) 21 321 55 19

E-Mail: [rvinagre@WG-gymnastics.com](mailto:rvinagre@WG-gymnastics.com)

URL: [www.gymnastics.sport](http://www.gymnastics.sport)

- WG Technical Delegate on site: **Marco Palella (ITA)**

## FEDERAÇÃO DE GINÁSTICA DE PORTUGAL

Estrada da Luz, 30 A

1600 – 159 Lisboa

PORTUGAL

Phone : +351 218 141 145

email: [federacao@ginastica.org](mailto:federacao@ginastica.org)

URL: [www.ginastica.org](http://www.ginastica.org)

## ACRO CLUBE DA MAIA

Rua de Almorode, 185 C

4470-231 Vermoim - Maia

PORTUGAL

Phone: +351 229 410 731

email : [presidencia@acromaia.pt](mailto:presidencia@acromaia.pt)

URL: [www.acroclubedamaia.com](http://www.acroclubedamaia.com)

## 4. LOC - LOCAL ORGANIZING COMMITTEE

President	Luis Arrais
Vice-President & Executive Director	José Carlos Ribeiro
Competition Manager	Tiago Maia
Head of Media	Márcia Sobral
Office / Accreditations	Daniela Faria
Accommodation and Transports	Fernando Santos
Meals & Access Control Manager	Marco Gabriel
Official Doctor	Ana Úrsula Martins
Safeguarding Officer	Eunice Lebre
Results Software	David Gillemot
Video Manager	Sérgio Mateus
Floor Manager	João Maia
Award Ceremonies	Joana Magalhães
Photography	Hélder Cruz
Logistics	Adelino Maia
NF Delegate	Lucília Rodrigues

## 5. GENERAL PROGRAMME

Wednesday, 4 <sup>th</sup> March	All day	Delegations arrival and Accreditation
	14:00 – 20:00	Free Training @ Acro Clube Maia ( <b>per schedule</b> )
Thursday, 5 <sup>th</sup> March		
	10:00 – 11:00	Orientation Meeting - City Hall
	14:00	Judges meeting
	11:30 – 17:30	Training Per Schedule (FOP – <b>12:30</b> )
Friday, 6 <sup>th</sup> March		
	15:00	Start Warm-up
	16:00 – 18:30	Qualification 1 <sup>st</sup> exercise
		W2 / WG – BALANCE    Mx2 / M2 / MG – DYNAMIC
Saturday, 7 <sup>th</sup> March		
	15:00	Start Warm-up
	16:00 – 18:30	Qualification 2 <sup>nd</sup> exercise
		W2 / WG – DYNAMIC    Mx2 / M2 / MG – BALANCE
Sunday, 8 <sup>th</sup> March		
	15:00	Start Warm-up
	16:00 – 18:00	FINALS
	18:00	Award Ceremony
	20:00	Dinner & Farewell Party
Monday, 9 <sup>th</sup> March	All day	Departure of all Delegations

## 6. TRANSPORTATION

Transfers by bus to and from the **Porto Airport (OPO)** or **Campanhã (Porto) Train Station** to the official hotels, as well as from the official hotel to the training and competition hall will be provided to the delegations that booked their accommodation through the LOC. The transport schedule will be given upon arrival.

Nevertheless, shuttle buses will leave the Competition Venue and the Hotels according to the schedule they will follow strictly. **Please be on time!!!**

## 7. ACCREDITATION

COMPLEXO MUNICIPAL DE GINÁSTICA DA MAIA - OC OFFICE

Wednesday, 4<sup>th</sup> March from 09:00 – 20:00

(Delegation arriving later than 20:00 must contact the LOC – [maiaacrocup@gmail.com](mailto:maiaacrocup@gmail.com))

The accreditation system identifies individuals participating in the competition and ensures controlled access to each area. All participants and officials are required to wear accreditation cards at all times.

At accreditation, the Head of Delegation must check the correct names of their complete delegation, verify accommodation requirements, make the necessary payments (including insurance, if necessary). They also have to present the passports / ID of all competitors and judges for the control of nationality and age. If there was any change of what is on WG website, the definitive competition schedule will be given to the Head of Delegation.

The accreditation is personal, non-transferable and compulsory to control access to training and competition hall, functions, official transport, lunches and dinners.

**Without your accreditation card, you cannot pass the security control and you cannot participate in lunches, dinners, etc. So if you have lost your accreditation card, you must purchase a new one for the price of 150 Euro.**

When all the commitments are fulfilled, all delegation members will receive their accreditations. All participants and officials are required to wear the accreditations at all times.

Federations will receive accreditation based on nominative entry upon arrival at the Competition Venue.

## 8. TARIFF SHEETS

**Tariff sheets must be made on Acro Companion software and uploaded by 25/02/2026.**

Changes on tariff sheets will be allowed according to the CoP (until 04/03/2026, accreditation day).

Please be sure that all tariff sheets are correct, so you may avoid any penalties.

In principle, no changes can be made to the Tariff Sheets after accreditation.

Changes will be accepted only in case of injuries/minor accidents or for other important reasons subject to approval by the WG Superior Jury President.

## 9. MUSIC

**Music must be uploaded on the tariff sheet in Acro Companion until 25/02/2026.**

The Organizing Committee guarantees personal protection and the strict use of your musical creations during this event.

Keep in your possession a *specimen* of your music on a USB Key in case of a technical problem in the Competition area or for your training sessions.

## 10. INSURANCE

The Host Federation, the LOC and the World Gymnastics will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.

The World Gymnastics Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation. Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory to be able to benefit from coverage by World Gymnastics IMSSA subsidiary insurance. Please also refer to <https://www.gymnastics.sport/site/pages/medical-insurance.php> for additional information regarding the World Gymnastics IMSSA insurance for Athletes and Judges.

If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).

The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegation's entire stay.

Delegation members with insufficient insurance coverage must inform the LOC in advance. The LOC will subsequently offer insurance coverage at the Federations own charge as follows: **50 EUR** per person/day.

## 11. OFFICIAL LANGUAGE

The official language is English. Interpretations from and into other language must be organized by the delegations. Announcements will be made in English. The Work Plan and all other documents are available in English only.

## 12. VISA

Please check immediately with your travel agent or the Portugal Embassy or Consulate in your country, if a visa is required for your travel to Portugal.

## 13. HOTELS

Hotel Axis Porto  
Hotel EuroStars Matosinhos  
Hotel EuroStars Porto Circunvalação  
Hotel Park Valongo  
Hotel Tryp Porto Expo  
Hotel HF TUELA Porto  
Hotel Oporto Fly  
Hotel Star Inn Porto

## 14. MEALS

Full board is included in the accommodation packages booked through the OC. Breakfast will be served at the hotel. Lunch and dinner will be served close to the Competition Venue, inside the Sports Complex.

The Head of Delegation will receive meal tickets upon arrival at accreditation.

**NO TICKET—NO MEALS!!! - NO ACCREDITATION—NO MEALS!!!**

DAY	LUNCH	DINNER
<b>Wednesday, 4 March</b>	<b>11:00 – 15:00</b>	<b>18:00 – 21:00</b>
<b>Thursday, 5 March</b>	<b>11:00 – 15:00</b>	<b>18:00 – 21:00</b>
<b>Friday, 6 March</b>	<b>11:00 – 15:00</b>	<b>18:00 – 21:30</b>
<b>Saturday, 7 March</b>	<b>11:00 – 15:00</b>	<b>18:00 – 21:30</b>
<b>Sunday, 8 March</b>	<b>11:00 – 15:00</b>	<b>Banquet 20:30</b>

## 15. ORIENTATION MEETING

The orientation meeting will take place on Thursday, **March 5<sup>th</sup>** beginning at **10:00 in the City Hall**. The meeting can be attended by Head of Delegations, Team Managers, and Coaches. A Bus will leave from Sporthshall at 9:30. No buses from the hotels will go to the City Hall.

## 16. TRAINING BY SCHEDULE AND MEASUREMENTS

**FREE TRAINING @ Acro Clube da Maia Gym**

**Wednesday (arrival day), 4<sup>th</sup> February - transport from Sportshall 2 - 15' before training**

Group and National Federation		Floor 1		Floor 2	
		60'		60'	
Group	National Federation	in	out	in	out
Group 1	<b>EST / FIN / GER / AZE</b>	14:00	15:00	15:00	16:00
Group 2	<b>USA / SUI / UKR</b>	15:00	16:00	16:00	17:00
Group 3	<b>POR / AIN1</b>	16:00	17:00	17:00	18:00
Group 4	<b>ISR / ITA / AIN2</b>	17:00	18:00	19:00	20:00

## PODIUM TRAINING

**Thursday, 5<sup>th</sup> February**

Group and National Federation			General Warm Up (rolls)		Floor A (warm-up floor)		Floor B (FOP)	
			(15 min.)		(45 min.)		(7,5 min. / PG)	
Group	National Federation	PG	in	out	in	out	in	out
Group 1	<b>SUI / UKR</b>	8	12:00	12:15	12:15	13:00	13:00	14:00
Group 2	<b>AZE / EST / ISR</b>	8	13:00	13:15	13:15	14:00	14:00	15:00
Group 3	<b>FIN / ITA / POR</b>	8	14:00	14:15	14:15	15:00	15:00	16:00
Group 4	<b>GER / USA / AIN1</b>	8	15:00	15:15	15:15	16:00	16:00	17:00
Group 5	<b>AIN2</b>	8	16:00	16:15	16:15	17:00	17:00	18:00

**Gymnast measurement will be made immediately after the podium training on March 5<sup>th</sup>.**

## 17. EQUIPEMENT

Competition Floor: Spieth (blue spring floor) – ref. 1790750 and 1790752

Training Floor: Spieth (blue spring floor) – ref. 1790750 and 1790752

## 18. JUDGES MEETING

The Judges Meeting will take place on Thursday, **March 5<sup>th</sup> at 14:00** in the Sports Hall (Judges room – Competition Venue – *ground floor*).

All participating federations must provide at least one judge with a valid WG Brevet. Failure to do so will result in a fine of Swiss Francs 2 000,00.

## 19. THE DRAW FOR JUDGES

The drawing of lots of the Judges' Panels for the Qualification and Finals will be conducted by the WG Technical Delegate during the judge's meetings on March 5<sup>th</sup>.

## 20. MEDICAL ROOM & SERVICES

The Organizing Committee will provide medical and physiotherapist services. A special room is marked with "Medical Room". Red Cross and Physiotherapist will be present on the Competition Area.

## 21. JUDGES PRESENTATION

Before the beginning of each Competition, JUDGES are asked to **be ready on their seats** on their panel places so they can be called by the official speaker (no march in will be made). Judges are requested to remain in their places during the awards ceremony following Finals.

## 22. VIDEO RECORDING

All routines and passes will be recorded.

## 23. AWARD CEREMONIES

The award ceremonies will take place on Sunday, 8<sup>th</sup> March. Competitors must appear in their **national tracksuit**.

## 24. FINAL BANQUET

The banquet will take place on Sunday, 8<sup>th</sup> March at 20:30 at the Meals hall.

## 25. NATIONAL ANTHEM

Please, send the National Anthem (MP3) via email to [maiaacrocup@gmail.com](mailto:maiaacrocup@gmail.com) before Accreditation.

## 26. MAIA INTERNATIONAL ACRO CUP 2026 CONNECTION

The Maia Acro World Cup 2026 is held in close connection with the Maia International Acro Cup 2026. All the facilities, transportations and services provided to the MIAC'26 Delegations can be fully used by the World Cup Delegations that booked their accommodation through the LOC.



## 27. SAFEGUARDING OFFICER

From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.

LOC Safeguarding Officer:

- Ms. Eunice Lebre | +351 939 549 556 | email: eunicelebre@gmail.com

In addition, posters of the “10 Golden Rules of Gymnastics”, the WG campaign to raise awareness about youth protection in Gymnastics, are displayed in several locations, including training and warm-up halls and public zones.

## 28. DOPING CONTROL

Anti-doping control will be organized by the International Testing Agency (ITA) on behalf of the WG and according to the WADA Code, Standards and WG Anti-Doping Rules.

As per the applicable WG Therapeutic Use Exemption (TUE) procedure in effect concerning the participation at WG Events, any gymnast in need of a TUE is responsible, together with his/her Federation, to submit his/her request to the WG no later than 30 days before the start of this competition.

No TUE request will be accepted nor approved on spot, except for duly justified emergency cases.

Should you need further assistance about TUE requests, please contact the WG at [antidoping@WG-gymnastics.org](mailto:antidoping@WG-gymnastics.org).

### IMPORTANT DATES

- Music - **AcroCompanion** – **25<sup>th</sup> February** (deadline for upload)
  - Tariff Sheets - **AcroCompanion** – **25<sup>th</sup> February** (deadline for upload)
- See information in page 5

Maia WCup'26 LOC President



Mr. Luís Arrais

Maia WCup'26 LOC Vice-President



Mr. José Carlos Ribeiro