

Country	Delegation	TRAINING TIMES FOR EACH DELEGATION (in minutes)			SPORTS HALL 1 - TENNIS VENUE (BEG / YOUTH / AG1 / JUN BASE)											SPORTS HALL 2 - GYMNASTICS VENUE (AG2 / JUN / SEN / WCUP)								Measure only for: AG2 / Jun / Sen			
					ACCREDITATION (times can change to meet teams needs)			FREE TRAINING (NO MUSIC) SPORTS HALL 2			PODIUM TRAINING (MUSIC)						PODIUM TRAINING (MUSIC)						FREE TRAINING (NO MUSIC) SPORTS HALL 2				
					7/mar	8/mar	9/mar	7/mar - tue			8/mar - wed			9/mar - thu			8/mar - wed			9/mar - thu			9/mar - thu				
								Mats	Warm-Up Floor	Comp Floor	Mats	Warm-Up Floor	Comp -> Out	Mats	Floor1	Comp -> Out	Mats	Warm-Up Floor	Comp -> Out	Mats	Warm-Up Floor	Comp -> Out	BEGINNER / YOUTH / AG1 W3 / JUN BASE W2 / AG2	8/mar	9/mar		
TOTAL	SPORTS HALL 1 Beg/Youth/AG1/JUN B	SPORTS HALL 2 AG2/Jun/Sen	15'	45'	60'	15'	45'	60'	OUT	15'	45'	60'	OUT	15'	45'	60'	OUT	15'	45'	60'	OUT	WORLD CUP WARM-UP FLOOR					
AUS	Brisbane City Gymnastics Club	4,5		4,5	09:45			10:00	10:15	11:00								09:00	09:15	10:00	11:00				11:10		
BRA	ACRO CIRCO AVANT	2	2		09:15			10:00	10:15	11:00	11:00	11:15	12:00	13:00													
BRA	Akros	10,5	6	4,5	09:30			10:00	10:15	11:00	11:00	11:15	12:00	13:00				09:00	09:15	10:00	11:00					11:10	
ESP	Club Deportivo Acro Flyers	13	4	9	09:00						11:00	11:15	12:00	13:00				09:00	09:15	10:00	11:00					11:10	
POR	Acro Clube da Maia - Base	30	30		17:30			18:00	18:15	19:00	19:00	19:15	20:00	21:00													
EST	Akrobaatika Kool	12,5	8	4,5	13:00			15:00	15:15	16:00	11:00	11:15	12:00	13:00				09:00	09:15	10:00	11:00					11:10	
PUR	Puerto Rico	4,5		4,5	13:30			15:00	15:15	16:00								09:00	09:15	10:00	11:00					11:10	
IRE	Kernow Academy	4	4		13:15			15:00	15:15	16:00	09:00	09:15	10:00	11:00													
ISR	Maccabi dan club	24	24		16:30			17:00	17:15	18:00	09:00	09:15	10:00	11:00													
BEL	Flik Flak Belgium	8,5	4	4,5	16:45			17:00	17:15	18:00	11:00	11:15	12:00	13:00				09:00	09:15	10:00	11:00					11:10	
HUN	Budai Akrobatikus Sport Egyesulet	4,5		4,5	19:00													09:00	09:15	10:00	11:00					11:10	
IRE	Wexford Gymnastics Club	19	10	9		08:30					12:00	12:15	13:00	14:00				09:00	09:15	10:00	11:00					11:10	
USA	USA	54		54	18:00			16:00	16:15	17:00								11:00	11:15	12:00	13:00					13:10	
POR	Grupo Dramático Sportivo de Cascais	25	16	9		12:00					19:00	19:15	20:00	21:00				13:00	13:15	14:00	15:00					15:10	
ESP	Andraga Club	19,5	6	13,5		08:30					09:00	09:15	10:00	11:00				12:00	12:15	13:00	14:00					14:10	
POR	Acro Clube da Maia	52	16	36	15:30			16:00	16:15	17:00	19:00	19:15	20:00	21:00				10:00	10:15	11:00	12:00					12:10	
POR	Associação Desportiva #22	6	6			08:45					09:00	09:15	10:00	11:00													
POR	Academia CantanhedeGym	4,5		4,5		10:30												12:00	12:15	13:00	14:00					14:10	
NED	Acro Academy Noord Netheerland	35	8	27		11:00					15:00	15:15	16:00	17:00				12:00	12:15	13:00	14:00					14:10	
ESP	Club Dinamic	13,5		13,5		11:10												12:00	12:15	13:00	14:00					14:10	
DIN	Sportsacrobatik Roskilde	22	4	18		11:30					17:00	17:15	18:00	19:00				20:00	20:15	21:00	22:00					22:10	
UKR	Ukraine	45		45		11:45												13:00	13:15	14:00	15:00					15:10	
POR	Associação Estrela de Três Pontas	10	10			11:40					12:00	12:15	13:00	14:00													
BEL	TK Werchter	35	8	27		12:20					13:00	13:15	14:00	15:00				15:00	15:15	16:00	17:00					17:10	
SUI	AcroGym Neuchâtel	4	4			12:30					13:00	13:15	14:00	15:00													
GEN	Association Genevoise de Gymastique	32,5	10	22,5		12:15					13:00	13:15	14:00	15:00				15:00	15:15	16:00	17:00					17:10	
BER	KSV Baunatal	4,5		4,5		12:45												13:00	13:15	14:00	15:00					15:10	
AUT	Gymnastics Austria	31,5		31,5		12:50												16:00	16:15	17:00	18:00					18:10	
SUI	RLZ Zürich	8	8			13:00					14:00	14:15	15:00	16:00													
SUI	RLZO SG	18,5	14	4,5		13:10					14:00	14:15	15:00	16:00				16:00	16:15	17:00	18:00					18:10	
AUT	Sportunion Brigittenau	4,5		4,5		13:20												15:00	15:15	16:00	17:00					17:10	
AUT	Union Horn	8,5	4	4,5		13:30					18:00	18:15	19:00	20:00				16:00	16:15	17:00	18:00					18:10	
BEL	Wild Gym	54	36	18		13:45					14:00	14:15	15:00	16:00				16:00	16:15	17:00	18:00					18:10	
GBR	Deerness Gymnastics	4,5		4,5		13:00												14:00	14:15	15:00	16:00					16:10	
GBR	Spelthorne Gymnastics	39,5	8	31,5		13:10					16:00	16:15	17:00	18:00				14:00	14:15	15:00	16:00					16:10	
BEL	Sportac Deinze	33,5	20	13,5		14:00					15:00	15:15	16:00	17:00				17:00	17:15	18:00	19:00					19:10	
BEL	Art Gym	47	20	27		14:15					16:00	16:15	17:00	18:00				18:00	18:15	19:00	20:00					20:10	
BEL	Ambitious Pro Gy	39	12	27		14:30					16:00	16:15	17:00	18:00				18:00	18:15	19:00	20:00					20:10	
GER	LZSA Düsseldorf e.V.	4	4			14:00					18:00	18:15	19:00	20:00												00:10	
BGR	East Kilbride Gymnastics Club	43	16	27		14:15					15:00	15:15	16:00	17:00				17:00	17:15	18:00	19:00					19:10	
POR	GINÁSIO CLUBE DE TOMAR	30	12	18		13:30					15:00	15:15	16:00	17:00				17:00	17:15	18:00	19:00					19:10	
GER	SAV Augsburg	4,5		4,5		13:40												18:00	18:15	19:00	20:00					20:10	
POR	ADCPN	23,5	10	13,5		13:30					17:00	17:15	18:00	19:00				19:00	19:15	20:00	21:00					21:10	
GER	TuS Hellersdorf 88	19,5	6	13,5		14:20					17:00	17:15	18:00	19:00				19:00	19:15	20:00	21:00					21:10	
GER	VfL Sindelfingen	12,5	8	4,5		14:25					17:00	17:15	18:00	19:00				19:00	19:15	20:00	21:00					21:10	
AUT	Union Sportakrobatik Krems	23,5	10	13,5		16:00					17:00	17:15	18:00	19:00				19:00	19:15	20:00	21:00					21:10	
IRE	Dynamacro Gymnastics Academy	18	18			16:20					18:00	18:15	19:00	20:00													
GBR	Dynamic Gymnastics Academy	39	12	27		16:30					18:00	18:15	19:00	20:00				20:00	20:15	21:00	22:00					22:10	
IRE	Liberty Acro	18,5	14	4,5		16:45					17:00	17:15	18:00	19:00				19:00	19:15	20:00	21:00					21:10	
IRE	Gymstars Gymnastics Club	12	12			17:00					16:00	16:15	17:00	18:00												00:10	
BEL	Gymclub Altis Eeklo	37	28	9		17:15					18:00	18:15	19:00	20:00				19:00	19:15	20:00	21:00					21:10	
	WCUP - FREE TRAINING (warm-up floor)					Upon arrival																					

8:00 - 11:00
-
Free Training
by
appointment
(at accreditation)
-
NO MUSIC -
MAX 90' training
- 8:00 -
9:30 9:30 -
11:00

		TRAINING TIMES FOR EACH DELEGATION (in minutes)			ACREDITATION <i>(times can change to meet teams needs)</i>			FREE TRAINING (NO MUSIC) SPORTS HALL 2			SPORTS HALL 1 - TENNIS VENUE (YOUTH / AG1)						SPORTS HALL 2 - GYMNASTICS VENUE (AG2 / JUN / SEN / WCUP)						FREE TRAINING (NO MUSIC) SPORTS HALL 2		Measure							
Country	Delegation	TOTAL	SPORTS HALL 1 Beg/Youth/AG1/JUN B	SPORTS HALL 2 AG2/Jun/Sen	7/mar	8/mar	9/mar	7/mar - tue			8/mar - wed			9/mar - thu			8/mar - wed			9/mar - thu			9/mar - thu			8/mar	9/mar					
								Mats	Warm-Up Floor	Comp Floor	Mats	Warm-Up Floor	Comp -> Out	Mats	Floor1	Comp -> Out	Mats	Warm-Up Floor	Comp -> Out	Mats	Warm-Up Floor	Comp -> Out	Mats	Warm-Up Floor	Comp -> Out			BEGINNER / YOUTH / AG1 W3 / JUN BASE W2 / AG2				
								15'	45'	60'	15'	45'	60'	OUT	15'	45'	60'	OUT	15'	45'	60'	OUT	15'	45'	60'			OUT	WORLD CUP WARM-UP FLOOR			
BUL	CSA Chernomoretz	4	4			18:30									08:00	08:15	09:00	10:00														
GER	TV Ebersbach	8	8				10:15								08:00	08:15	09:00	10:00														
POL	UKS AKROBATA ŁAŃCUT	29	20	9			12:15								08:00	08:15	09:00	10:00					10:00	10:15	11:00	12:00			12:10			
ESP	Club Treboada	14,5	10	4,5			11:15								08:00	08:15	09:00	10:00						09:00	09:15	10:00	11:00			11:10		
IRE	Gymstars Gymnastics Club	22,5		22,5		17:00																		09:00	09:15	10:00	11:00		00:10			
POR	Ginásio Clube Acrotumb Leiria	12,5	8	4,5			12:20								09:00	09:15	10:00	11:00						10:00	10:15	11:00	12:00			12:10		
ESP	Acro Club Nigrán	6	6				11:30								09:00	09:15	10:00	11:00														
POR	Associação Académica de Santarém	36,5	32	4,5			12:30								10:00	10:15	11:00	12:00						10:00	10:15	11:00	12:00			12:10		
POR	GINÁSIO CLUBE DE TOMAR	8	8			13:30									12:00	12:15	13:00	14:00											00:10			
ESP	Club Deportivo Ximnasia Rítmica Compostela	2	2				11:40								12:00	12:15	13:00	14:00														
POR	Grupo Recreativo "O Vigor da Mocidade"	40	22	18			09:50								10:00	10:15	11:00	12:00						10:00	10:15	11:00	12:00			12:10		
POR	Sociedade Euterpe Alhandrense	25	16	9			10:00								14:00	14:15	15:00	16:00						10:00	10:15	11:00	12:00			12:10		
POR	Grupo Desportivo de Lousa	20	20				10:45								11:00	11:15	12:00	13:00														
POR	Ginásio Clube Português	10	10				11:45								12:00	12:15	13:00	14:00														
GER	SG schwarz-weiß Oldenburg e.V.	13	4	9			12:45								13:00	13:15	14:00	15:00												13:00		
POR	Grupo Desp. Colégio Internato Carvalhos	12	12				10:30								11:00	11:15	12:00	13:00														
POR	Villa Desportiva do Ave	8	8				11:30								12:00	12:15	13:00	14:00														
GER	TSGV Albershausen	9		9			13:00																							13:15		
POR	Clube União Artísticxa Benaventense	8,5	4	4,5			09:45								13:00	13:15	14:00	15:00						10:00	10:15	11:00	12:00			12:10		
POR	Louletano Desportos Clube	24,5	20	4,5			12:45								13:00	13:15	14:00	15:00	14:00	14:15	15:00	16:00							16:10			
BEL	Gymclub VGL Niel	9		9			13:30																							13:45		
POR	Associação Académica de Coimbra	43	16	27			09:50								12:00	12:15	13:00	14:00						10:00	10:15	11:00	12:00			12:10		
POR	GIMNOFRIELAS	53	26	27			14:30								15:00	15:15	16:00	17:00												14:45		
POR	Clube Educativo Desportivo Faro	20,5	16	4,5			14:30								15:00	15:15	16:00	17:00												14:45		
POR	Acro CheLagoense	8	8				on arrival								15:00	15:15	16:00	17:00														
POR	Associação de Ginástica de Condeixa	6	6				11:45								12:00	12:15	13:00	14:00														
POR	Estrela e Vigorosa Sport	13	4	9			10:30								11:00	11:15	12:00	13:00												13:10		
POR	União Recreativa do Dafundo	16	16				on arrival								13:00	13:15	14:00	15:00														
POR	Acro Clube da Maia (Base/AG1-W3/AG2)														14:00	14:15	15:00	16:00														
WCUP 1	UKR / NED / AZE	8																						Free Training on Warm-Up Floor (NO MUSIC) 17:30 - 20:30	11:00	11:30	12:15	13:15			13:25	
WCUP 2	AUT / ESP / ISR	7																								12:00	12:30	13:15	14:15			14:25
WCUP 3	POR	9																								13:00	13:30	14:15	15:30			15:40
WCUP 4	GBR / KAZ	8																								14:15	14:45	15:30	16:30			16:40
WCUP 5	GER / USA	7																								15:15	15:45	16:30	17:25			17:35